

The MISFIT'S **BAR FLY** lunch

**MONDAY:**

**SHREDDED KALE + QUINOA SALAD**

sunflower seeds, grapes, preserved lemon,  
manchego, parmesan  
add salmon +7. or chicken +5.

**\$6**

**TUESDAY:**

**AHI BURGER**

sushi grade tuna, carefully ground and seared rare,  
avocado, spicy mayo on toast or a bun

**\$6**

**WEDNESDAY:**

**AVOCADO TOAST**

bub and grandma's red wheat sourdough,  
tamai farms artisan baby tomato, burrata

**\$6**

**THURSDAY:**

**KODA FARMS HEIRLOOM BROWN RICE BOWL**

red quinoa, french feta, walnuts  
greens, harissa, poached egg  
add salmon +7. or chicken +5.

**\$6**

**FRIDAY:**

**BRUSSELS SPROUT SALAD**

manchego, dried berries,  
smoked almonds, honey mustard vinaigrette  
add salmon +7. or chicken +5.

**\$6**

only 3 rules: 1. you must be sitting in a bar stool,  
2. no holding bar stools and 3. it's over at 4 pm

\*\* any burger served on gluten free bread or adam + eve style

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